

# ORZA



# MINORE

**Voyages of discovery for  
schools and students**





# WHO WE ARE

Orza Minore was founded in 1990 by a group of expert sailors who wanted to pass on some of their passion for sailing to others. Recognised by FIV (the Italian Sailing Federation) and UISP (Italian Union of Sport for everyone), the past 24 years have seen us collaborating with schools, local institutes, scouts and many other organisations to make sailing more accessible for kids and adolescents.

## What we are

- 3 bases
- 48 sail boats
- 6 safety boats
- 150 nationally or internationally qualified instructors
- More than 15,000 students who have participated in our courses
- More than 400 scholastic institutes who have signed up for and repeatedly come back to our courses

### BOOKING AND FLIGHTS

Please contact Orza Minore's headquarters, based in Monza, for any information, pricing, flight quotes. We speak English. Tel. +39 039 328301 Email: [orza@orzaminore.it](mailto:orza@orzaminore.it)

### INTERNET

To stay up to date with our new school and group initiatives, please check our website regularly. [www.orzaminore.com](http://www.orzaminore.com)



## NAUTICAL BASES

### Dervio (LC) - Lake Como

Dervio is situated on a part of the lake that has optimum wind conditions ideal for sailing. Immersed in nature, whilst still being in a protected environment, the base is a lovely dormitory-style residence owned by Orza Minore, which looks directly onto the lake and is right next to the port. The base has a large living room with an open fireplace, a modern kitchen and several bedrooms and bathrooms. Our 12 safe and versatile 6 metre cruisers are moored in the port which is literally a stone's throw away, along with our 5 dinghies and 2 security boats.

Airports: Milan Linate 90 kilometres, Milan Malpensa 120 km, Bergamo Orio al Serio 70km.

### Porto Pollo (OT) - Northern Sardegna

Orza has set up base on the beautiful island of Sardegna, in the windy Bocche Di Bonifacio, just in front of the La Maddalena Archipelago. Water sports fans from all over Europe love Porto Pollo because the wind conditions are just right. Our base is 300 metres from the beach, situated in a residence, so it can host large groups. There is a modern kitchen and facilities, as well as a large veranda looking onto the garden. The fleet consists of 14 dinghies, 3 6.6 metre cruisers, a 14 metre cruising boat and 4 security boats. Porto Pollo is 5 kilometres from Palau.

Airports: Olbia 45 km, Alghero 140 km. Ferry Port: Olbia 45 km, Porto Torres 120 km.



### Porto Venere (SP) - Ligurian Sea

Not only is it one of the most enchanting places on the ligurian coast, Porto Venere is also a strategic starting point to sail from. Here, we offer a fleet of 5 10-12 metre hhhcruisers. Portovenere is 10 kilometres from La Spezia.

Airports: Pisa 90 km, Genova 115 km.

# OUR PROPOSAL

Under the guide of expert english speaker instructors, we offer a variety of course proposals for both able and disabled students. On a typical course, as well as the sailing, there are lots of other activities depending on what you are interested in doing...sightseeing, hiking, cultural visits, local culinary tastings or mountain picnics. Food is prepared by Italian chefs using local ingredients and recipes which meet even the highest Italian expectations! We can offer all-inclusive packages, even organising travel to and from the base if needed.

## Take home skills

Social skills, co-operation, a sense of responsibility, self-confidence, independence, respect for others and for the environment are key skills that kids take home after one of our courses. Kids get involved with all aspects of living when they attend one of our sail courses. Whatever the time of day, whatever the activity...from making breakfast, the manoeuvring of the boats and up until supper time, everything is organised and managed by the group itself.

## Practical skills

Sailing is a really dynamic sport that combines outdoor physical activity with manual dexterity. Both the dinghy and cruiser courses enrich personal development. In the case of dinghy sailing, students develop skills in autonomy, as they are in charge of their own little boat. Cruiser students learn teamwork in a group with an instructor on a larger boat, a little further out from the shore. In both cases kids are guaranteed a fascinating and unique experience.



## Tailor-made programmes

As well as the suggestions given here, we are also ready to offer specific initiatives on request, using our network of local resources like walking and cultural guides. Long serving teamwork with biologists, botanists, environmental guides and many varying instructors, including windsurf and scuba instructors, means we are able to offer exhilarating activities that integrate well with our sailing courses. Through theory, observation and practical experiences, our students get closer to marine life which in turn can be useful when studying other subjects. These subjects, for example, can be integrated into evening activities or programmes that meet the school curriculum.

## What we can do for schools

Sports teachers and schools activity coordinators can call our offices to arrange a telephone appointment at any time to discuss and develop individual group plans. Our offices are ready to discuss and draw up detailed quotes. We can organise competitively priced complete trips including air flights, transfer and insurance to the bases. Hi-tech, high quality clothing is available at all the bases. Competitive quotes are available on request. Feedback questionnaires are filled in by students and teachers at the end of each course. In collaboration with different groups of students, teachers and parents, we can organise summer schools to suit all your needs, in any of our bases.

## One-two day sailing trip

If you are interested in organising a one or two day sailing trip or course during your Italian holiday please don't hesitate to ask us for a quote.



# DERVIO

## 5 - 7 day course

A complete sailing course that prepares students in all aspects of manoeuvring a sail boat along with visits to the beautiful Como Lake shores. Students learn on a 6 metre keelboat, moored in the port 200 metres away from our base which looks directly onto the lake.

### Key learning objectives

- Learn the nautical terminology and fundamental knots
- Rig and unrig a sail boat autonomously
- Understand wind directions and be able to sail in all directions
- Know the fundamental manoeuvres (jibing, tacking etc.,)
- Seamanship skills
- Understand the importance of teamwork (crew) needed to sail a boat



### Schedule

After a warm welcome and unpacking, there's an initial briefing session and presentation of the course and the staff. Activities start with a short theory lesson and then going out on the boat. On the other days, after breakfast at 8, there is a theory lesson and then trip out on the lake with a packed lunch. Afternoons are spent on the boat until 6, then discussion on the day's events follow with dinner. Sailing is along the spectacular Como Lake, an ideal place to learn how to sail. The last day of the course coincides with air flight.

### Daily life on base

The base becomes a key factor in these types of courses. During any activities that are longer than a day, the students, divided into teams decided by the teachers, are involved in the daily management of the place, helping to prepare meals, setting and clearing the tables and the general tidying up.

### Boats

The eleven unit fleet comprises of the safe and secure Orza 6, which hold up to 4/5 students plus the instructor.

### Optional local activities

- Mountain walks (including nearby Jungle Raider park)
- Villa and Garden visits (e.g. Villa Carlotta)
- Monasteries and Vineyard visits.
- Literary visits (Lecco and Manzoni)
- Trips by train to nearby towns like Sondrio, Chiavenna

#### COST

Participation fee + basic course  
 5 days, 4 nights € 320,00  
 6 days, 5 nights € 390,00  
 7 days, 6 nights € 470,00

#### WHEN

From March through June and in September, October.

# PORTO VENERE

## 5 - 7 day course-cruise

Why not enrol on a sail course on the Mediterranean Sea next to Porto Venere, on board one of our comfortable cruisers. Boats are a great way to learn a sport, but also a place to learn how to live amongst other people. Life on board is an excellent way for kids to build their social skills, their awareness of others and group dynamics, in ways that don't often come about from day to day life at home or school. Here they also develop a sense of autonomy, being independent and responsible for their own boat.

### Key learning objectives

- Learn the nautical terminology and fundamental knots
- Rig and unrig a sail boat autonomously
- Understand the wind direction and sail in all directions
- Know the fundamental manoeuvres (jibing, tacking etc.,)
- Understand the importance of teamwork (crew) needed to sail a boat
- Learn practical problem solving skills, experiencing life on board a boat

### Schedule

After a warm welcome and getting settled onto the boat, there's an initial briefing with a presentation of the course and the staff. Depending on what time you arrive on the base, activities start with a short theory lesson and then going out on the boat. On the other days, after breakfast at 8, there is a theory lesson followed by a trip out on the sea with a packed lunch.

Afternoons are spent on the boat until 6, when the boats are put away. Discussions on the day's events follow with dinner. Evenings are free. The sailing is along the spectacular Cinque terre and the Ligurian coast, La Spezia Gulf and around the islands of Palmaria and Tino. If there are adverse weather conditions the course takes place in the safety of La Spezia bay. The last day of the course coincides with air flights.

### Life on board

Learn about the boat in a technical sense, but also as a place to live in, to prepare meals, eat and sleep. The instructors and teachers decide rotating duty rosters at the start so participants are involved in managing activities like the shopping, cooking and cleaning on board.



#### COST

Participation fee + course-cruise  
 5 days, 4 nights € 370,00  
 6 days, 5 nights € 450,00  
 7 days, 6 nights € 540,00

#### WHEN

From March through June and in September, October.

### Boats

We use safe and secure sailing cruisers for our school activities. 10-12 metres boats with fixed keels that host up to seven participants as well as the instructor.

### Optional local activities

- Walking and visiting the Cinque Terre
- Visit Lerici and excursions to the islands
- Discovering Lord Byron's favourite places and other UNESCO locations



# PORTO POLLO

## 5 - 7 day course

A complete sailing course that prepares students in all aspects of manoeuvring a sail boat. Autonomy on small sail boats is one of the principle objectives. Our base is 300 metres from a beach which is on a wonderful protected bay, so it is perfect for a sailing course in a dinghy.

### Key learning objectives

- recognise and demonstrate the basic knots and sail terminology
- autonomously rig and unrig a sail boat (dinghy)
- manage setting off and mooring the boat
- right the boat after capsizing
- know how to sail in different wind directions
- know the fundamental sail manoeuvres (jibing, tacking etc.,)



# PORTO POLLO

## 5 - 7 day cruise and trips

Sail course that encompasses learning all the fundamental manoeuvres along with visits to the beautiful islands in the La Maddalena Archipelago. Orza Minore's base is right in front of the islands, making it a fantastic starting point to sail from. If there happens to be strong winds, the course takes place in the protected Gulf of Porto Pollo.

### Key learning objectives

- recognise and demonstrate the basic knots and sail terminology
- autonomously rig and unrig a sail boat (cruiser)
- manage setting off and mooring/anchoring the boat to a buoy
- know how to sail in different wind directions
- know the fundamental sail manoeuvres (jibing, tacking etc.,)
- getting to know the La Maddalena National Park



### Schedule

After a warm welcome and getting settled in the rooms, there's an initial briefing with a presentation of the course and the staff. Activities start with a short theory lesson and then going out on the boat. From day 2 onwards breakfast is at 8, followed by a theory lesson, and then outings on the sea, with lunch at around 1.30. Out on the boat again until 6, after which students put their boats away. Discussions on the day's events follow with dinner. Sailing is along the shores of Porto Pollo, which is quite sheltered, so it's an ideal place to learn how to sail a dinghy. The course ends with a regatta for the students. The last day of the course coincides with air flights.

### Daily life on base

For this proposed course, Orza Minore offers housing that comprises of studio apartments in a residence. The kids are expected to participate in the daily chores, helping to prepare meals, setting and clearing the tables and the general tidying up. Teams are decided by instructors, teachers and the head of base.

### Boats

The Laser Bahia and Tridente 14' are used for sail school activities. These boats are 4 metres long and are a particularly good boat to start sailing in. There are 3 students to every boat, instructors follow in RIBs.

### Schedule

Sailing activities begin after getting settled in the rooms and the initial presentation of the course. A typical day would be breakfast at 8, a theory lesson and then going out on the boat at around 10.30. Every day sees a sail to and walk around a different island in the archipelago, with a packed lunch. Spargi, Budelli, La Maddalena, Santa Maria and Razzoli are some of the incredibly beautiful islands immersed in Caribbean coloured crystal waters, that have so many white sandy bays and inlets, or are surrounded by spectacular masses of granite sculpted by the wind and the waves. Depending on the weather, you'll be able to sail to the rose coloured beaches of Budelli, Cala Corsara and Cala Coticcio on the island of Caprera and there are many other fabulous places to anchor up. There are also stops at the French Islands of Lavezzi and Cavallo... unforgettable for their clear waters and the beautiful seabed ideal for snorkeling. Return to base is at about 6, followed by discussions on the days and dinner. Departures from the base coincide with flight days.

### Boats

For sail school activities we use Sprinto cruisers made by Archambault. These 6.6 metre long boats are a particularly good way to be introduced to the world of sailing. Each boat holds 4/5 students and an instructor. Amongst other boats available, there is also a 14 metre cruise boat with big RIB tender that accompanies groups to disembark and embark on the islands.

### Optional local activities

- Visit the Garibaldi Memorials on the island of Caprera
- Garibaldino compendium on the island of Caprera
- Capo d'Orso on Palau
- Talmone fort

### COST

Participation fee + basic course or cruise and trips  
5 days, 4 nights € 340,00  
6 days, 5 nights € 420,00  
7 days, 6 nights € 495,00

### WHEN

From March through June and in September, October.

# What students have said about us\*

- I have learnt how important it is to listen, reflect and follow advice given by others who have more experience than me.
- It was really good, even though it was difficult to be away from home and my family for 4 days, which I've never done before, I felt a little more grown up afterwards!
- It wasn't long enough.
- Really great experience.
- The instructors were great.
- I enjoyed it a lot, learnt a lot and am really happy... feeling sad that I have to leave.
- I found out that its not so easy looking after myself, tidying up... cleaning.

\* Comments gathered from the feedback forms compiled by course participants.

## WHAT'S INCLUDED (for groups of 20 or more paying participants):

- Orza Minore Club card, with valid RCT for the year plus accident insurance
- Full Activity Programme (typically six, eight hour activity sessions per day, plus an evening activity/entertainment)
- Lodgings in the base (Dervio and Porto Pollo)
- Lodging on board a 10/12 metre cruiser (Porto Venere)
- Full board accommodation
- All instruction, supervision and safety equipment
- Text book
- Availability of English speaking staff members
- Diesel and Port costs (Porto Venere)
- Return travel from local airport to the base
- Souvenir T-shirt
- Free places for supervising adults (1 free place for every 10 paying)

For smaller  
groups  
ask us  
quotation

### Cost don't include:

- Return flights
- Everything else not included in costs above.

## ORZA MINORE SCUOLA DI VELA A.S.D.



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